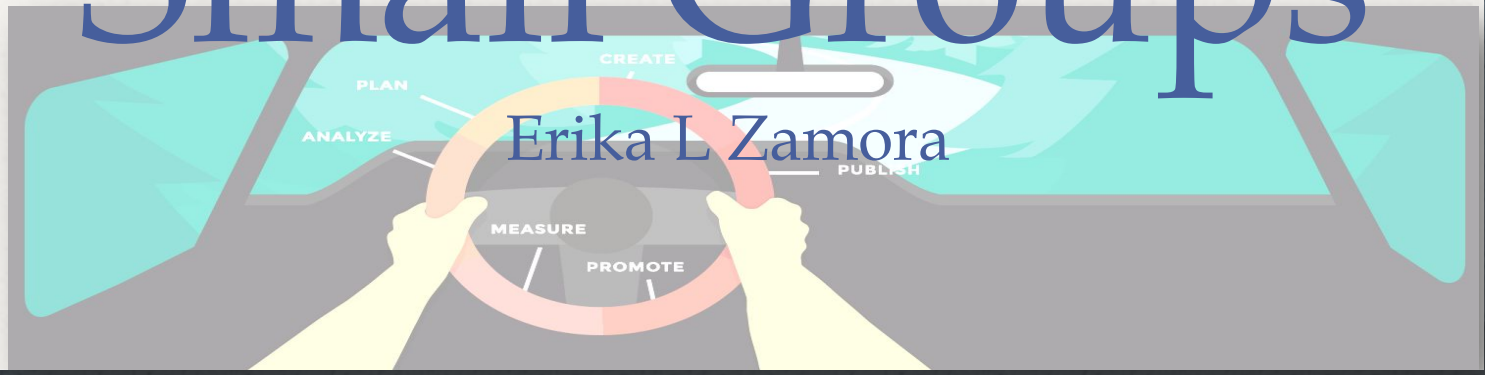
Let Data Drive Your Small Groups



Erika L Zamora

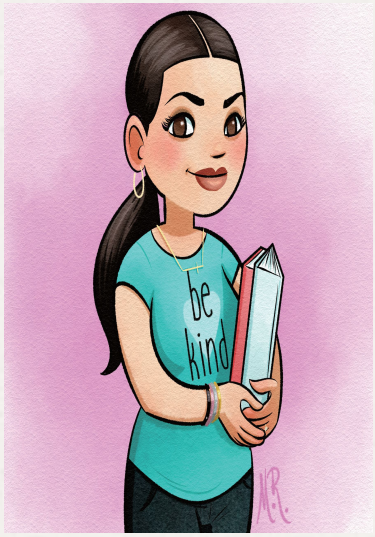
About Me

Erika L Zamora

Elementary School Counselor

Alvord Unified School District

Rosemary Kennedy Elementary School



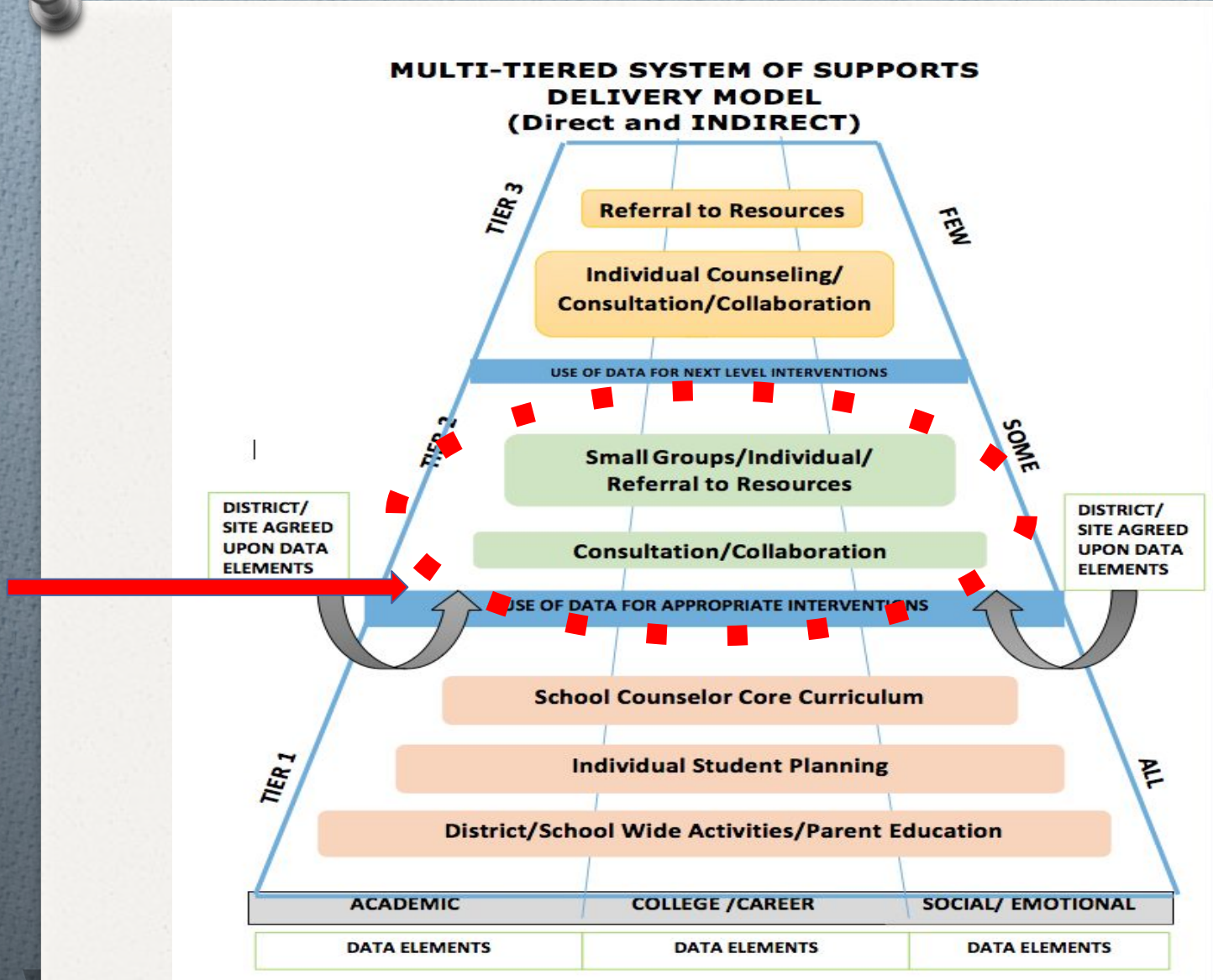
Today's Objectives

By the end of this workshop, participants will be able to:

- ✓ Identify the components of data driven small groups
- ✓ Strategize ways to implement effective small groups
- ✓ Explain how to collect data and report small group results

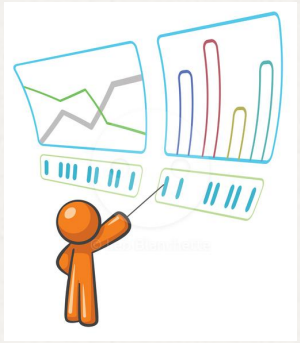
Group Counseling

- "Group counseling is vital in the delivery of the ASCA National Model" (ASCA, 2012)
- "Group services offered…are based on student needs and assessed through survey data, a referral process or other relevant data" (ASCA, 2012)
- Group Counseling, a DIRECT service, is planned and goal-focused, and it is short-term in nature (approx. 6-8 sessions)


MULTI-TIERED SYSTEM OF SUPPORTS
DELIVERY MODEL
(Direct and INDIRECT)
TIER 3
FEW
Referral to Resources
Individual Counseling/
Consultation/Collaboration
USE OF DATA FOR NEXT LEVEL INTERVENTIONS
TIER 2
SOME
Small Groups/Individual/
Referral to Resources
Consultation/Collaboration
USE OF DATA FOR APPROPRIATE INTERVENTIONS
DISTRICT/
SITE AGREED
UPON DATA
ELEMENTS
DISTRICT/
SITE AGREED
UPON DATA
ELEMENTS
TIER 1
ALL
School Counselor Core Curriculum
Individual Student Planning
District/School Wide Activities/Parent Education
ACADEMIC
COLLEGE /CAREER
SOCIAL/ EMOTIONAL
DATA ELEMENTS
DATA ELEMENTS
DATA ELEMENTS

Group Counseling…Then and Now

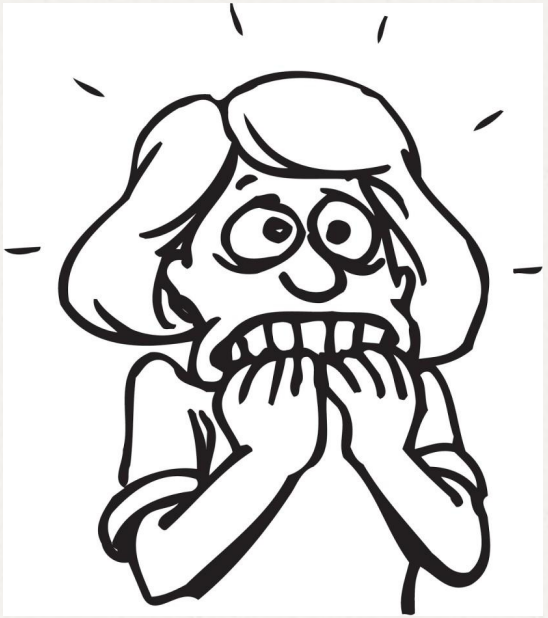
Old Way	New Way
• Groups based on random acts of guidance	• Groups based on data
• Students placed in groups based on teacher recommendation	• Students qualify for groups based on set criteria
• Impact measured by # of students in groups	• Impact measured by change in behavior/ grades/attendance



Overview

1. **Examine School Data**
   AERIES, Discipline, report card,, etc.
2. **Choose A Domain & Establish Criteria**
   Academic, Behavior, Attendance
   Who will be in group, why?
3. **Gather Baseline Data & Conduct Group**
   Plan it out - 6-8 sessions
4. **Measure Impact & Share Results**
   What changed? How can you show impact? Who will you share it with?

DATA



Types of Data

DATA METRIC	DESCRIPTION	ELEMENTARY SCHOOL DATA (Sample)
PROCESS DATA	*Answers the question "What did you do for whom?"*	• Number of student attendance conferences conducted • Number of classroom lessons delivered • Number of small groups • Number of parent engagement activities
PERCEPTION DATA	*Pre-post Assessments Of curriculum and small group interventions*	• Attitudes • Knowledge • Skills

STANDARDS AND COMPETENCY RELATED DATA	*Mastery of ASCA Standards (Skills)* ASCA's mindsets and behaviors. For a comprehensive list see Appendix …	• Category 1 Mindset Standards Items 1-6
		• Category 2 Behavior Standards
		  ▪ Learning Strategies 1, 3, and 5
		  ▪ Self-Management 1-10
		  ▪ Social Skills 1-9

ACHIEVEMENT *RELATED* DATA	*Data correlated to academic achievement*	• Study Habits (Report card) • Citizenship (Report Card) • Office/School referrals • Attendance rates • Parent or guardian involvement • Students involvement/engagement • CHKS Data
ACHIEVEMENT DATA	*Measures student academic progress and outcomes*	• Semester Assessments • Benchmark Assessments • API/AYP • 3rd grade reading and math scores • SBAC • CELDT and Redesignation rates
DISAGGREGATED DEMOGRAPHIC DATA	*Data which shows the performance of subgroups*	• Ethnicity • Gender • Socio-Economic Status • English Language Learners • AVID* • Foster and Displaced Youth • Grade Level • Teacher

Step 1. Examine Data

- Attendance reports
- "U" "N" in report cards
- Discipline Queries
  - Office Referrals
  - Suspensions
- California Dashboard
- California Healthy Kids Survey
- Counselor Created Forms - example

Counselor Created Forms

Student Name:_____ Grade:_____

Teacher: _____ Date:_____

	Never/ Rarely U	Sometimes N	Usually S	Always O	Comments
Uses time productively					
Demonstrates academic effort/motivation					
Follows Directions					
Is able to work independently without redirection					
Works cooperatively in a group					
Stays on Task					
Demonstrates responsible behavior- In Classroom					
Demonstrates responsible behavior- Out of Classroom					
Completes assignments on time- Classroom					
Completes assignments on time- Homework					

Please fill this out and return to me as soon as possible.

Step 2.Choose Domain

What needs to be addressed?

Academic, Behavior, Attendance

Look at your site plan...

What are your goals?

Be specific with %, grade level, etc.

(example: lower 3rd grade office referrals, improve attendance amongst ELs)

Now- establish YOUR criteria

Step 2 cont. Establishing Criteria

Examples

Academic

- Students with 3 or more “U” or “N” marks on report card

Discipline/ Behavior

be specific (grade level)

- Students with 2 or more office referrals
- Students with 3 or more suspensions

Attendance

- Students with 3 or more tardies in October
- Students with 4 or more unexcused absences at end of Q1 or S1

Step 3. Gather Baseline Data & Conduct Group

Plan your small group lessons/activities based on the data you are trying to "change"

6-8 sessions of 20-35 minutes each

No more than 7 students (2-3 students K-1st)

Scheduling - What are some setbacks?

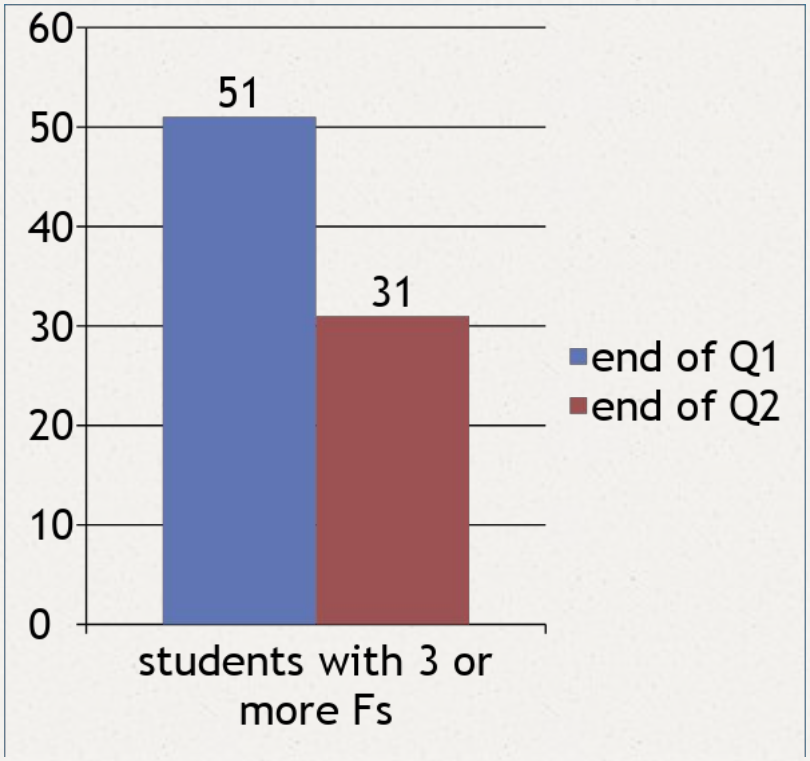
Step 4. Measure Impact & Share Results

- Change in # or % of STUDENTS who met criteria
- Change in # of % of ITEM tracked
- Compare to last month, last quarter, last school year
- SHARE your data- admin, stakeholders, parent groups, staff, school district/board

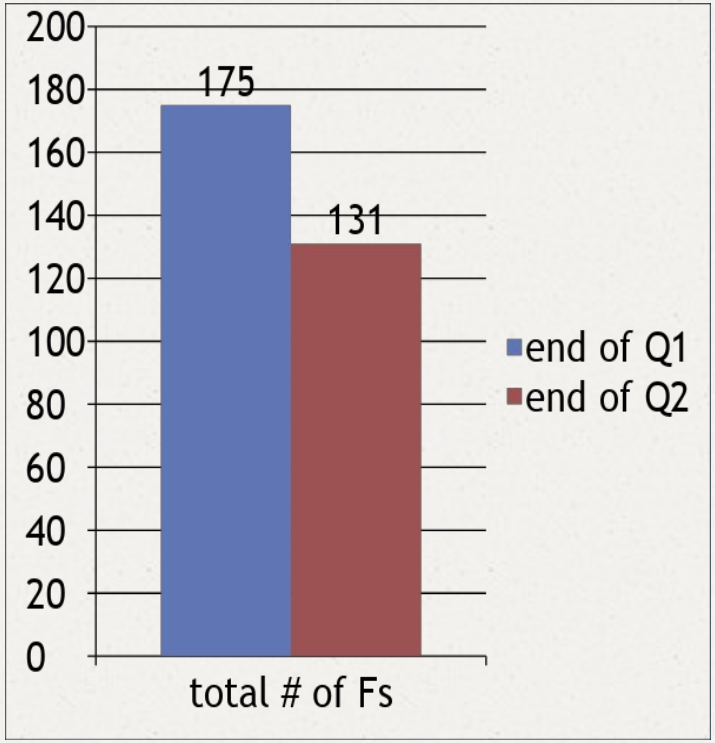
Consider: Who is your audience?

Academic Intervention

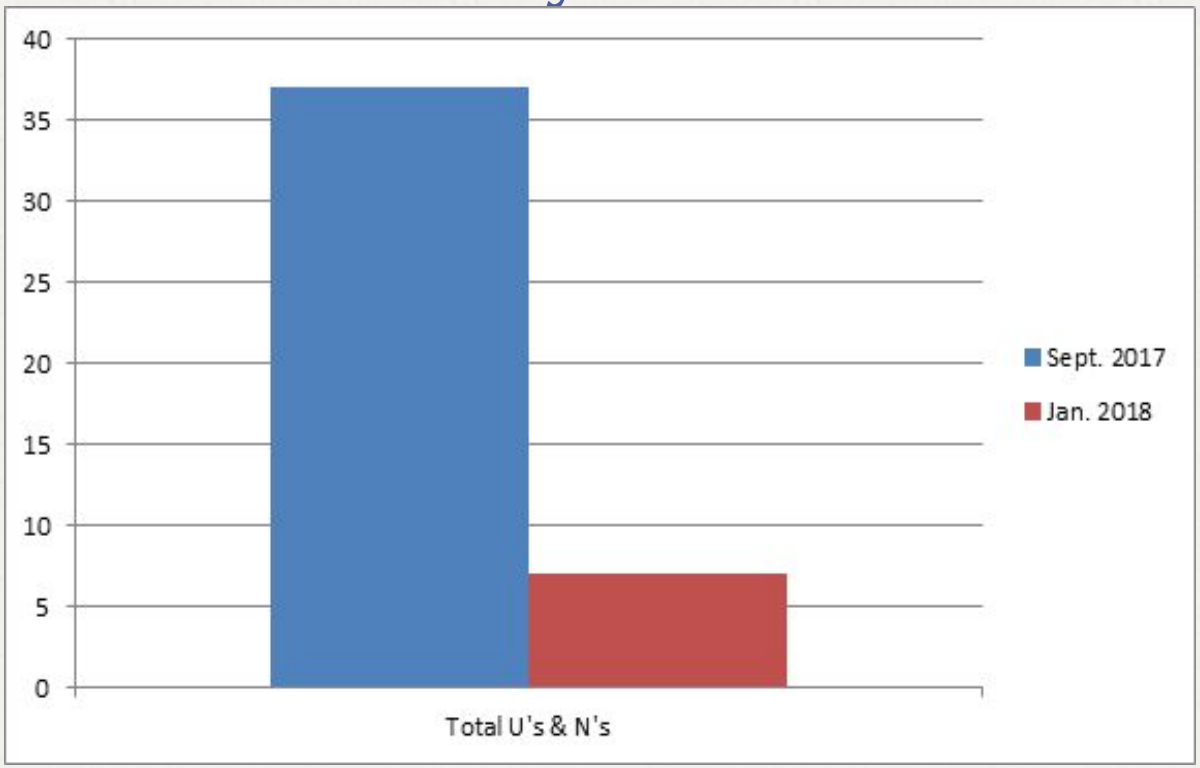
Decrease in students failing



Decrease in # of Fs



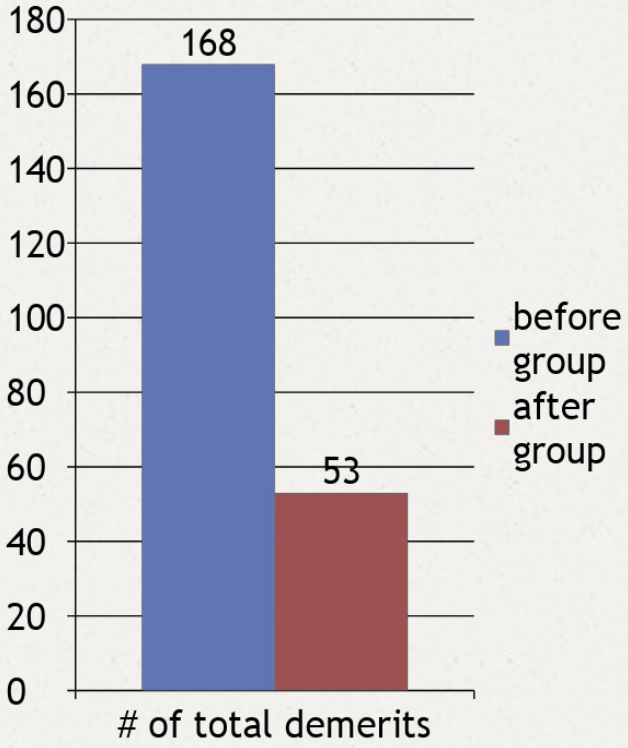
Academic-Study Skills Intervention



- Criteria- Must have at least 10 U's/ N's on counselor created form
- 5 4th grade students participated

Behavior Intervention: "Girls Group"

- Criteria- Must have at least 15 or more demerits at Q1
- 7 students participated



Next Steps…

- With someone near you, discuss which area(s) was a concern at your site last year/this year?
- What would be a good first step for you?
- Which step(s) would you need additional support with?

Questions?

Erika L Zamora
erika.zamora@alvordschools.org
Instagram: RMKcounselor